

During Instillation

- ✓ The medication will be instilled into your bladder through the catheter.
- ✓ In most cases, the catheter will be removed from the bladder after the instillation is completed.
- ✓ The medication should be retained in your bladder for 2 hours to obtain the best results.
- ✓ You may be positioned from side to side and back to front every 15 minutes while the medication is in your bladder.

After Instillation

Now that you have retained the medication in your bladder for the past two (2) hours, there are several things you must know:

- ✓ Sit down on the toilet to urinate and fully empty your bladder.
- ✓ After urinating, pour two (2) cups of household bleach (Clorox® or equivalent) into the toilet.
- ✓ Let the medication and Clorox® mixture stay in the toilet for 15–20 minutes before flushing.
- ✓ Repeat the above process each time you urinate for six (6) hours after each treatment.
- ✓ Wash your hands and genital areas thoroughly after you urinate.
- ✓ Drink plenty of fluids after your instillation to flush your bladder.

Until Your Next Instillation

- ✓ You may experience some burning with the first void after your treatment. If this occurs, you need to increase your fluid intake.
- ✓ If you experience continued pain or burning on urination or you experience:
 - *Urgency*
 - *Frequency of urination*
 - *Bright red blood or blood clots in the urine*
 - *Joint pain*
 - *Coughing*
 - *Skin rash*

CALL YOUR DOCTOR!

- ✓ If you experience:
 - *Fever*
 - *Chills*
 - *Malaise (feeling of discomfort)*
 - *Increased fatigue*
 - *Flu-like symptoms*

CALL YOUR DOCTOR!

DOCTOR'S TELEPHONE NUMBER